

## Expressing our feelings



### INDICADORES DE LOGROS:

- Incrementa su vocabulario a través de la poesía y la música.
- Revisa aspectos gramaticales mediante los ejercicios de aplicación
- Lee comprensivamente textos argumentando sus opiniones.
- Cuida los bienes ajenos, públicos y del entorno. (COMPETENCIA AXIOLÓGICA).
- Actúa y se desempeña con autodisciplina, sin necesidad de supervisión en el marco de la autonomía otorgada.
- Analiza y reflexiona sobre su comportamiento y el de los otros.
- Respeta los acuerdos consensuados.



I read and analyze the following idea. Let's reflect about it.

Actualmente, la sociedad se encuentra en un proceso de transformación acelerado que aparta a las personas en muchas ocasiones del sentido real de estar vivas. Nos olvidamos que debemos cultivar principios y valores sociales básicos que nos ayudan en la convivencia con los demás. La competencia axiológica nos ofrece la posibilidad de recapacitar y retomar aquellos valores que se han dejado de practicar y que tienen en crisis nuestra sociedad.



I read and analyze the following situations and then, I am going to suppose that those situations are happening to me right now. I write in Spanish the way I feel in each one, finally I share this activity with my classmates and we write some conclusions about our behavior in many moments of our life.

- a. When a friend betray you.
- b. When your boyfriend or girlfriend gets another love and leave you.
- c. When your sister or brother tell lies to your parents about you.
- d. When somebody laughs at you in front of other people.
- e. When you are far from the people you love.
- f. When a person damages something important to you.



I read the following information.

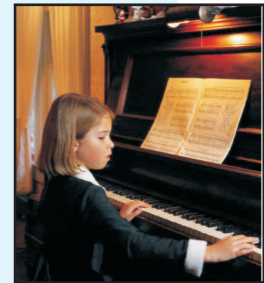


## THE MUSIC AND THE POETRY, A GOOD WAY TO EXPRESS FEELINGS

The human being is always thinking about the way of expressing every situation or feeling in his/her life. For that reason the human being has created different ways to do that, some of them are the poetry and the songs.

A **song** is a short text, lyric or narrative accompanied with music. It is like a poem with music.

Muchos de los recursos que nos ayudan a desarrollar nuestro trabajo, se deterioran fácilmente si no les damos el manejo adecuado. Los recursos que tenemos a nuestro alcance son para cuidarlos; así nosotros no seamos los propietarios de ellos. Cuando cuidamos los recursos en nuestro entorno demostramos que valoramos el esfuerzo propio y de otros.



### Activity one:

We go to the C.R.A and we take the English cassette and the tape recorder in order to listen to the song IT'S MY LIFE (Eiffel). We must use the tape recorder and the cassettes with lot of care due to these things are valuable resources for us. They help us to develop different useful activities.

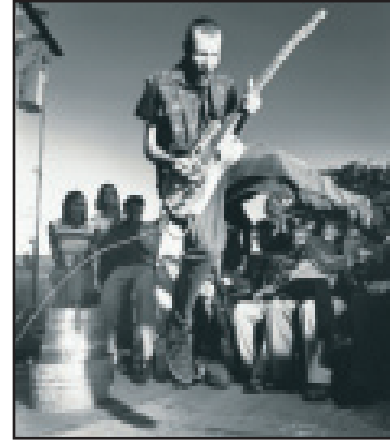
### Follow the instructions

- a. First we listen to the song without looking the lyrics, and then we listen to it again following the lyrics. After that, we try to organize the correct order of the song. We write it on our notebooks. If we have some difficulties we ask for our teacher help.
- b. When we have organized the song, we complete it with the words that appear in the arrow and we listen it for the last time in order to understand its message.



**I  
T  
,**

This ain't a song for the broken \_\_\_\_\_1  
No silent prayer for Faith **departed**  
and I ain't gonna be just a Face in the crowd  
you're gonna hear my \_\_\_\_\_2  
When I shout it out **loud**

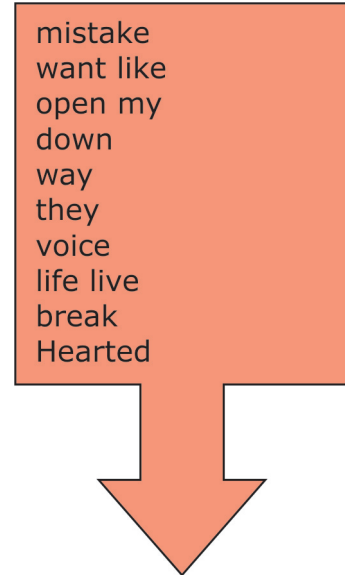


**S**

**Chorus**  
It's my \_\_\_\_\_ 3  
It's now or **never**  
I ain't gonna \_\_\_\_\_ 4 forever  
I just want to live while I'm **alive** (It's my life)  
My heart is like an \_\_\_\_\_ 5 highway  
Like Frankie said  
I did it my way  
I just wanna live while I'm alive, it's \_\_\_\_\_6 life

**M  
Y**

This is for the ones who stood their ground  
For Tommy and Gina who never backed \_\_\_\_\_7  
Tomorrow's getting harder make no \_\_\_\_\_8  
Luck ain't even **lucky**  
Got to make your own breaks

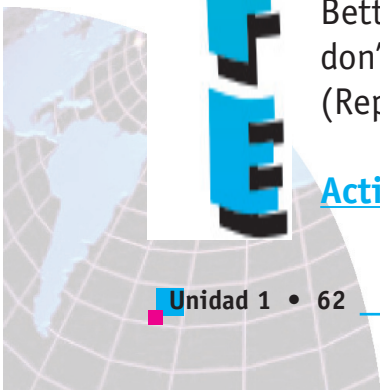


**L  
I  
F  
E**

**Chorus**  
It's my life  
It's now or never  
I ain't gonna live forever  
I just \_\_\_\_\_9 to live while I'm alive (It's my life)  
My heart is \_\_\_\_\_10 an **open** highway  
Like Frankie said  
I did it my \_\_\_\_\_11  
I just wanna live while I'm **alive**, it's my life

Better stand tall when \_\_\_\_\_12' re calling you out  
don't bend, don't \_\_\_\_\_13, baby, don't back **down**  
(Repeat Chorus twice)

**Activity two:**





- In the song there are some words in bold, I write them on my notebook and then, for each word I have to find out two antonyms. I show this activity to my teacher.
- I write in Spanish the feelings that the author of this song wants to express.

Now I am going to continue reading this information.

A poem is a composition written in verses in which the author expresses feelings or wishes.

### Activity three:

I read and analyze the following poem and then, I am going to draw a picture expressing the main idea of the poem. I use some words in English around the picture. It helps the others to understand my point of view. Finally I share this activity with my classmates and the teacher. We select the best picture.

#### **A Dream Comes True**

Feelings that once were hidden  
Are now expressed to you.  
Days that once were stormy  
Are now the brightest blue.

Times that once were lonely  
Are now filled with pleasure.  
All that once was mine alone  
Are now things we both treasure.

Nights that once were cold  
Are now comforting and warm.  
Fears that once were very real  
Are now gone with the storm.

A heart that once was broken  
Can now finally mend.  
A person once alone in life  
Can now call you a friend.

Dreams that once were longed for  
Are now all coming true.  
The love I once thought was gone  
I have now and forever in you.

- Dawn Ballard -



### Activity four:

I choose the appropriated word in order to complete the stanza, I let that my feelings and my imagination work for me.

### To My Best Friend

by Shannbodan

This is for the greatest _____	(person, building, chair)
that I _____ ever known.	(Listen, have, know)
Being away from _____ for so long	(you, they, we)
I am _____ so alone.	(Thinking, eating, feeling)
_____ you are in my thoughts,	(Everyday, everything, everyone)
every night you're in my _____	(moon, kitchen, dreams)
With you I _____ so happy	(speak. Am, dance)
you keep my _____ content.	(Heart, foot, back)

### Let's review some grammar.

I write the following information on my notebook.

# Like doing and would like to do

Like doing (love doing) express a general enjoyment. The word **doing can be replaced by other verbs**. Look at the examples



- I like eating hamburger
- I like dancing in the school
- I like playing soccer
- I like studying English

### Negative sentences:

- I don't like cooking.
- I don't like practicing basketball.



Would like to do (and would love to do) express a preference now or at specific time. To do can be replaced by other verbs. Follow the examples:

### Would like:

- I would like to be a singer.
- I would like to dance tonight.
- I would like to buy the new stereo.
- I would like to travel to Japan next year.

### Negative sentences:

- Would you like to go with me to the theater?
- No, thank you.
  
- Would you like to visit my friends on Sunday?
- No, thank you.

Muchas de las acciones que realizamos a diario nos agradan, ¿pero qué tanto nos debemos concentrar en nuestras acciones y deseos? Es muy importante hacer lo que nos gusta hacer; pero también es importante pensar y analizar si todo lo que nos gusta hacer no está incomodando de manera significativa a los demás.

### Exercise:

I write a list about my likes and dislikes, likewise a list of things that I like to take care and I don't like to take care of my house and my school. I analyze the negative actions, I compare my answer with my classmates, we identify which are the common action that we don't like to do, Then, we are going to think about some actions that we can improve, in order to prove if I am responsible with the compromises. I am going to write my compromise and my progress on the "MY CONFIDENCES" during 3 weeks, so I realize if I have some changes in my life. Finally, I share this experience with my family, my classmates and the teacher.



El entendimiento entre las personas se logra a partir del respeto mutuo de los acuerdos que se establecen en diferentes instantes de la vida. Debemos permanecer dispuestos a convivir en paz y armonía, esto se puede lograr si cada uno de nosotros adquiere un compromiso serio y responsable sobre las decisiones que se toman en conjunto. La arbitrariedad solo trae caos y desorden.



### USING THE NEW INFORMATION.

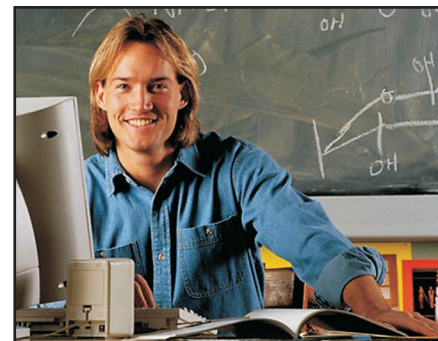
#### 1. My country is beautiful but it has many social problems like:

- Many children without a family, they are living in the streets.
- Many teenagers are out of the school because they don't have economical resources.
- Many people are out of their regions because of the violence.
- Many professionals are not working due to the lack of employment.
- Many families fight each other because of the lack of dialogue.

I write what I would like to do in order to solve this kind of problems. I write this information on my notebook and I show this activity to my teacher and classmates.

a. I look on the INTERNET a short poem and I try to write it in Spanish, I illustrate it and then I stick it on a piece of a card board. Finally, we make an exposition of bilingual poems in the classroom.

b. I choose two poems of those my classmates have exposed and I write them on my notebook, nobody is allowed to take the poems in order carry them to his/ her house, everybody must write them in the classroom. If you and other member of the group choose the same poems you must find a way to write the poems without causing any problems each other. We must show this activity to our teacher. He/ she will see we are responsible students.







Constantemente estamos utilizando las grabadoras y los CD's. Analicemos que cuidados debemos tener con este recurso para darle una vida útil más prolongada. Expresemos nuestras ideas al profesor.

**If you want to know the content of this song you can listen it and answer the questions:**

- Which is the message of the song according with the title?
- Listen to the song and without knowing its content and following only the music.
- Write about the feelings you can appreciate on it.
- Now you can try to understand its message.

### **And I Love Her**

I give her all my love  
That's all I do  
And if you saw my love  
YOU'D LOVE HER Too  
I love her.

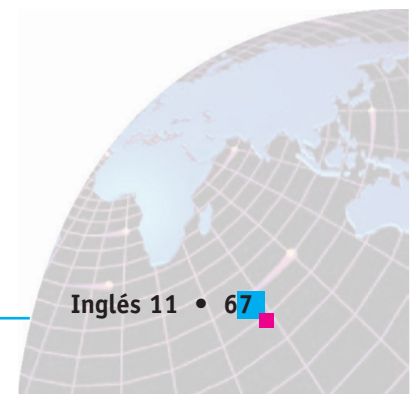
She gives me everything  
And tenderly  
The kiss my lover brings  
She brings to me  
And I love her.

A love like ours  
Could never die  
As long as I have you near me  
Bright are the stars that shine  
Dark is the sky  
I know this love of mine  
Will never die  
And I love her.

Bright are the stars that shine  
Dark is the sky  
I know this love of mine  
Will never die  
And I love her.

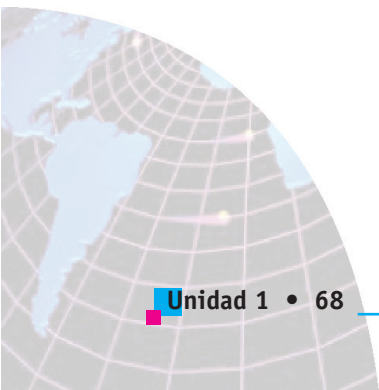
(THE BEATLES)

**(We can find the answers at the  
end of the Unit 1)**





# ESTUDIO Y ADAPTACIÓN DE LA GUÍA



## HANDOUT 1. ANSWERS

### Activity 2

1. Making
2. Make
3. Make
4. Do
5. Do
6. Making
7. Make
8. I am going to make a cake
9. We are going to do our homework
10. Making exercises

## HANDOUT 3. ANSWERS

### Activity 3

1. Angry
2. Stay away
3. Spending one's time
4. Be able to keep in touch with her
5. To change one's residence

### Activity 6

1. Él es un superdeportista
2. Cuando mi padre está enojado, mi hermanita siempre le echa leña al fuego
3. Yo soy toda oídos cuando mi amiga habla sobre John
4. Jane está en problemas porque quebró la ventana del salón

## HANDOUT 4. ANSWERS

### Activity 4

1. Strain
2. Viruses



3. Kingdom
4. Disease
5. Wild birds
6. Manufacture
7. Enhance
8. Assembly
9. Choice
10. Proposal

## **HANDOUT 5. ANSWERS**

### **Activity 1**

1. Hearted
2. Voice
3. Life
4. Live
5. Open
6. My
7. Down
8. Mistake
9. Want
10. Like
11. Way
12. They
13. Break

## **IT'S MY LIFE (TRADUCCIÓN)**

Esta no es una canción para un corazón triste.  
No es una oración callada para los que perdieron la fe.  
No voy a ser sólo un rostro entre la gente.  
Vas a escuchar mi voz, cuando grite muy fuerte.

### **Coro**

Es mi vida, es ahora o nunca.  
No voy a vivir para siempre.  
Sólo quiero vivir mientras esté vivo.  
Mi corazón es como un sendero abierto.  
Como Frankie dijo, lo hice a mi manera.  
Sólo quiero vivir mi vida.



Es mi vida

Esto es para aquellos, quienes estuvieron firmes  
Para Tommy y Gina, quienes nunca renunciaron.  
Mañana será más difícil, no cometas errores  
No te confíes de la suerte, busca tus propios retos

**Coro:**

Es mi vida, es ahora o nunca  
No voy a vivir para siempre  
Sólo quiero vivir mientras este vivo.  
Mi corazón es como un sendero abierto  
Como Frankie dijo, lo hice a mi manera.  
Sólo quiero vivir mi vida  
Es mi vida

Es mejor estar firmes para cuando te desafíen.  
No te doblegues, no te rindas, no retrocedas.

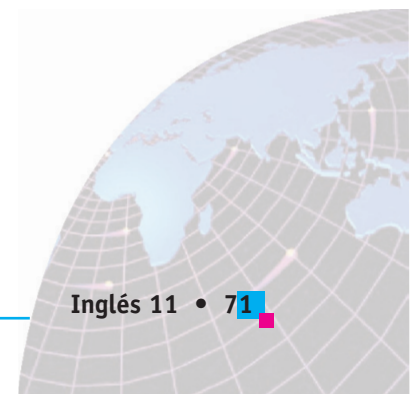
A dreams comes true (Traducción)  
Un sueño hecho realidad

Los sentimientos que una vez estuvieron ocultos  
Ahora son expresados para ti.  
Los días que una vez fueron tristes  
Son ahora los más felices.

Los momentos que una vez fueron de soledad  
Están ahora llenos de placer.  
Todo lo que una vez fue sólo mío  
Ahora son cosas que los dos compartimos.

Las noches que una vez fueron frías,  
Son ahora agradables y tibias.  
Los temores que una vez fueron reales,  
Ahora se han ido con la lluvia.

Un corazón que una vez fue lastimado  
Puede finalmente ser curado.





Una persona que estuvo sola en la vida  
Ahora puede llamarte AMIGO.

Los sueños que una vez fueron imposibles,  
Ahora se hacen realidad.  
El amor, que una vez pensé se había esfumado  
Lo encontré ahora y siempre en tu amor.

### AND I LOVE HER (TRADUCCIÓN) Y LA AMO

Le dí todo mi amor  
Es todo lo que yo hago  
Y si tú ves todo mi amor  
La amarás también.  
La amo.

Ella me da todo  
Tiernamente.  
Los besos que mi amada tiene  
Me los da a mí  
Y yo la amo.

Un amor como el nuestro  
No podría nunca morir  
Mientras yo te tenga cerca,  
Las estrellas brillan  
En el cielo oscuro.  
Yo se que este amor mío  
Nunca morirá y yo la amo  
Y yo la amo.

Brillantes son las estrellas que brillan  
Oscuro es el cielo  
Yo se que este amor mío  
Nunca morirá y yo la amo  
Y yo la amo.

